

breakfast menu

healthy start

granola & yogurt
greek yogurt, honey almond granola,
fresh berries, wildflower honey 11-

banana-nut oatmeal
cinnamon, candied walnuts, raisins,
brown sugar, banana 12-

goji berry oatmeal
goji berry, pomegranate seeds,
agave, almonds 14-

fresh fruit plate
sliced melon, seasonal berries, grapes,
banana-nut muffin 16-

fresh juice bar
choice of
carrot, orange, lemon, ginger, turmeric 12-
kale, apple, cucumber, lemon 12-

sides

low-fat yogurt, non-fat blueberry 
or low-fat greek yogurt 5-

grilled ham, applewood smoked
bacon, breakfast sausage
or chicken sausage 6-

selection of american brand
cereals 6-

bagel, cream cheese 5-

wheatberry, white, wheat
or rye toast 5-

breakfast potatoes 5-

croissant, muffin 5-

wholesome

cold smoked salmon*
cream cheese, red onions, capers, tomato,
avocado, toasted bagel 17-

avocado benedict*
poached eggs, crostini, feta cheese,
baby heirloom tomato, avocado,
lime hollandaise 17-

lobster benedict*
poached eggs, toasted english muffin,
butter roasted lobster, hollandaise,
oven roasted tomato, arugula,
breakfast potatoes 23-

latitudes breakfast*
two eggs any style, choice of applewood smoked
bacon, chicken sausage, grilled ham or
breakfast sausage, breakfast potatoes,
choice of toast 16-

latitudes omelet
choice of ham, bacon, sausage, peppers,
onions, tomatoes, mushrooms, spinach,
asparagus, jack cheese, avocado, with
breakfast potatoes, choice of toast 16-
with egg whites 18-

buttermilk pancakes
Vermont maple syrup, butter, whipped cream 12-
add blueberries 14-

raisin walnut french toast
mango-pineapple relish, piña colada cream 14-

shrimp, sausage & chorizo burrito
flour tortilla rolled with scrambled eggs,
cheddar cheese, salsa, sour cream,
with breakfast potatoes 16-

liquid

hot tea, regular or decaf coffee 5-

espresso 5-

cappuccino or café latte 6-

whole milk, 2% milk, skim milk
or soy milk 5-

hot chocolate 5-

fresh squeezed orange or
grapefruit juice 7-

apple, cranberry, tomato
or v8 juice 5-

 gluten free

*Many items on this menu contain ingredients that are not listed; please inform your server of any food allergies or dietary restrictions before you place your order. Consumption of raw or undercooked food may result in an increased risk of foodborne illness.