

healthy start

GRANOLA & YOGURT

almonds, fresh berries, wildflower honey 11-

BANANA-NUT OATMEAL

cinnamon, candied walnuts, raisins, brown sugar 12-

GOJI BERRY OATMEAL

pomegranate seeds, agave, almonds 14-

FRESH FRUIT PLATE

sliced melon, seasonal berries, grapes, banana-nut muffin 16-

FRESH JUICE BAR

choice of carrot, orange, lemon, ginger, turmeric 12-
kale, apple, cucumber, lemon 12-

bakery & sides

LOW-FAT YOGURT, NON-FAT BLUEBERRY, LOW-FAT GREEK YOGURT 5- GF

GRILLED HAM, APPLEWOOD SMOKED BACON, BREAKFAST SAUSAGE, CHICKEN SAUSAGE 6-

AMERICAN BRAND CEREALS 6-

BAGEL, CREAM CHEESE 5-

WHEATBERRY, WHITE, WHEAT, RYE TOAST 5-

BREAKFAST POTATOES 5-

CROISSANT, MUFFIN 5-

GF gluten-free

Some items on this menu contain ingredients that are not listed; please inform your server of any food allergies or dietary restrictions before you place your order.

*Consumption of raw or undercooked food may result in an increased risk of foodborne illness.

wholesome

COLD SMOKED

SALMON*

cream cheese, red onions, capers, tomato, avocado, toasted bagel 18-

AVOCADO BENEDICT*

poached eggs, crostini, feta cheese, baby heirloom tomato, lime hollandaise 17-

LOBSTER BENEDICT*

poached eggs, toasted english muffin, butter-roasted lobster, hollandaise, oven-roasted tomato, arugula, breakfast potatoes 25-

LATITUDES BREAKFAST*

two eggs any style, choice of applewood smoked bacon, chicken sausage, grilled ham or breakfast sausage, breakfast potatoes, choice of toast 16-

LATITUDES OMELET

choice of ham, bacon, sausage, peppers, onions, tomatoes, mushrooms, spinach, asparagus, jack cheese, breakfast potatoes, choice of toast 16-
egg whites 18-

BUTTERMILK PANCAKES

vermont maple syrup, butter, whipped cream 12-
fresh blueberries 14-

CROISSANT FRENCH TOAST

nutella & fresh strawberries 14-

SHRIMP, SAUSAGE & CHORIZO BURRITO

flour tortilla, scrambled eggs, cheddar cheese, salsa, sour cream, breakfast potatoes 16-

BREAKFAST SANDWICH

crème fraîche scrambled eggs, guanciale bacon, roasted tomato, boursin cheese, balsamic syrup, basil greens 14-

liquids

HOT TEA, REGULAR, DECAF COFFEE 5-

ESPRESSO 5-

CAPPUCCINO, CAFÉ LATTE 6-

WHOLE, 2% SKIM, SOY MILK 5-

HOT CHOCOLATE 5-

FRESHLY SQUEEZED ORANGE, GRAPEFRUIT JUICE 7-

APPLE, CRANBERRY, TOMATO, V8 JUICE 5-